

THE Love Sunday Nights Fulfillment Wheel



Discover which areas are calling to be nourished ...

Look at each section and place a dot on the line marking how satisfied you are with each area of your life. A dot placed nearer the center of the circle indicates dissatisfaction or area for improvement, while a dot placed toward the outside indicates ultimate happiness or satisfaction.

- When you have placed a dot on each of the lines, connect the dots to see your Love Sunday Nights Fulfillment Wheel. Are there areas where your Wheel is flat?
- Are these areas calling to be NOURISHED?
- How so?